



Methacton
School
District

August – Sept. 2022

Skyview Breakfast MENU

August 30rd – Sept. 2nd

Powering
potential.™

MON

TUES

WED

THURS

FRI

No School

Available Daily: Assorted Cereals with Graham Crackers or String cheese

No school

Available Daily: Blueberry Muffin, Chocolate Chip Muffin, Apple Cinnamon Muffin or Banana Muffin with Graham Crackers or String Cheese

Available Daily: Bagel with Cream Cheese, French Toast Benefit Bar, Oatmeal Chocolate Chip Benefit Bar, Banana Chocolate Chip Benefit Bar

Available Daily: Blueberry Parfait, Peach Parfait, Strawberry Parfait, Individual Yogurt all served with Graham Crackers

Mini French Toast

Mini Waffles

Mini Pancakes

Mini Blueberry Waffles

Egg, Sausage and Cheese on Bagel

Mini Strawberry Bagel

Breakfast Pizza

Assorted WG Donuts

Apple Frudel

Egg and Cheese Melt

Menus are subject to change.

DAILY FRUIT OFFERINGS:

Fresh Apple, Orange, Banana

Fruit Cups

100% Fruit Juice, 100% Apple Juice, 100% Orange Juice, 100% Grape Juice

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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STUDENT
NUTRITION

This institution is an equal
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Methacton
School
District

September 2022

Skyview Breakfast MENU

5th – 10th

Powering
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MON

TUES

WED

THURS

FRI

CEREALS

Available Daily: Assorted Cereals with Graham Crackers or String cheese

MUFFINS

Available Daily: Blueberry Muffin, Chocolate Chip Muffin, Apple Cinnamon Muffin or Banana Muffin with Graham Crackers or String Cheese

BREAKFAST
BARS

Available Daily: Bagel with Cream Cheese, French Toast Benefit Bar, Oatmeal Chocolate Chip Benefit Bar, Banana Chocolate Chip Benefit Bar

YOGURTS

Available Daily: Blueberry Parfait, Peach Parfait, Strawberry Parfait, Individual Yogurt all served with Graham Crackers

ENTREE

Mini French Toast

Mini Waffles

Mini Pancakes

Mini Blueberry Waffles

Egg, Sausage and
Cheese on Bagel

Mini Strawberry Bagel

Breakfast Pizza

Assorted WG Donuts

Apple Frudel

Egg and Cheese Melt

Menus are subject to change.

DAILY FRUIT OFFERINGS:

Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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Methacton
School
District

September 2022

**Skyview
Breakfast MENU**

12th – 16th

Powering
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MON

TUES

WED

THURS

FRI

CEREALS

Available Daily: Assorted Cereals with Graham Crackers or String cheese

MUFFINS

Available Daily: Blueberry Muffin, Chocolate Chip Muffin, Apple Cinnamon Muffin or Banana Muffin with Graham Crackers or String Cheese

**BREAKFAST
BARS**

Available Daily: Bagel with Cream Cheese, French Toast Benefit Bar, Oatmeal Chocolate Chip Benefit Bar, Banana Chocolate Chip Benefit Bar

YOGURTS

Available Daily: Blueberry Parfait, Peach Parfait, Strawberry Parfait, Individual Yogurt all served with Graham Crackers

ENTREE

Mini French Toast

Mini Waffles

Mini Pancakes

Mini Blueberry Waffles

Egg, Sausage and
Cheese on Bagel

Mini Strawberry Bagel

Breakfast Pizza

Assorted WG Donuts

Apple Frudel

Egg and Cheese Melt

Menus are subject to change.

DAILY FRUIT OFFERINGS:

Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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**Limited
Time Offer:**
Harvest
Grain
Bowl



Methacton
School
District

September 2022

Skyview Breakfast MENU

19th – 23rd

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MON

TUES

WED

THURS

FRI

CEREALS

Available Daily: Assorted Cereals with Graham Crackers or String cheese

MUFFINS

Available Daily: Blueberry Muffin, Chocolate Chip Muffin, Apple Cinnamon Muffin or Banana Muffin with Graham Crackers or String Cheese

**BREAKFAST
BARS**

Available Daily: Bagel with Cream Cheese, French Toast Benefit Bar, Oatmeal Chocolate Chip Benefit Bar, Banana Chocolate Chip Benefit Bar

YOGURTS

Available Daily: Blueberry Parfait, Peach Parfait, Strawberry Parfait, Individual Yogurt all served with Graham Crackers

ENTREE

| | | | | |
|-----------------------|-----------------|--------------------|------------------------|----------------------------------|
| Mini French Toast | Mini Waffles | Mini Pancakes | Mini Blueberry Waffles | Egg, Sausage and Cheese on Bagel |
| Mini Strawberry Bagel | Breakfast Pizza | Assorted WG Donuts | Apple Frudel | Egg and Cheese Melt |

Menus are subject to change.



DAILY FRUIT OFFERINGS:
Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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Methacton
School
District

September 2022

Skyview Breakfast MENU

26th – 30th

Powering
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MON

TUES

WED

THURS

FRI

No School

Available Daily: Assorted Cereals with Graham Crackers or String cheese

CEREALS

Available Daily: Blueberry Muffin, Chocolate Chip Muffin, Apple Cinnamon Muffin or Banana Muffin with Graham Crackers or String Cheese

MUFFINS

Available Daily: Bagel with Cream Cheese, French Toast Benefit Bar, Oatmeal Chocolate Chip Benefit Bar, Banana Chocolate Chip Benefit Bar

BREAKFAST
BARS

Available Daily: Blueberry Parfait, Peach Parfait, Strawberry Parfait, Individual Yogurt all served with Graham Crackers

YOGURTS

ENTREE

Mini Waffles

Mini Pancakes

Mini Blueberry Waffles

Egg, Sausage and
Cheese on Bagel
Egg and Cheese Melt

Breakfast Pizza

Assorted WG Donuts

Apple Frudel

Menus are subject to change.

DAILY FRUIT OFFERINGS:

Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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